

(2)

experiences periods of confusion resulting from his thinking. He also reported his isolation from others to be stressful although at times, he deliberately chooses to isolate himself he fears that he will be distracted from his real purpose. David has at times been told he is 'looney' but is unconcerned with the opinions of others.

Pre-morbidly, David reported that he was shy and introspective while growing up and his main feelings now about his childhood include regrets that he was brought up with a lack of idealism and a lack of discipline. David has previously been in one long-term relationship with a woman with whom he lived for a period of 6 months. He described his relationship with her as good and that she was a very unusual woman. Together they have a son whom he sees regularly.

There is no known family history of psychological disturbance.

David's withdrawal from all sporting activities at around the age of 20 which he had previously enjoyed, coinciding with his emerging interest in philosophical issues together with his experimentation with drugs are suggestive of an underlying psychotic process. As well, his withdrawal from most worldly activities and interests and his isolation from others confirm the likely severity of his condition. Notable is the absence of obvious psychotic features.

To further assess David's personality and likely psychopathology, David was administered a Clinical Analysis Questionnaire (CAQ) which assesses both 'normal' and pathological features of personality. David had a great deal of difficulty completing this questionnaire due to his concern with the meanings of the questions and his need to define terms. The resulting profile revealed that David is a very reserved, detached young man who is fairly serious in his approach to life. Some sensitivity to threat, proneness to worry and insecurity emerged. Additionally, the profile indicated that he is a very imaginative young man who is unconcerned with everyday matters. Of the pathological scales, 3 of the 12 scales were extremely elevated, suggestive of serious psychopathology. These scales were the 'Schizophrenia', 'Psychological Inadequacy' and 'Boredom and Withdrawal' scales. Essentially, this means that he feels that life is pointless and meaningless. He reported a number of unusual experiences and a belief that life is unsympathetic. Finally, he feels rejected and pushed around by others and views himself as 'doomed'.

SUMMARY

David is a young man of above average intelligence but very limited work experience. His self-report and