

#### VOCATIONAL HISTORY

David's work history is very limited and he has never worked as a surveyor, losing interest in the profession mid-way through his degree. Whilst studying, he worked as a labourer (part-time) and worked in customer service at a golf driving range. He has also worked as a waiter for a 2 week period though left after deciding waitering was not for him. As well, he has worked as a casual bottle shop attendant (3 months) but was eventually retrenched.

David has not worked for the past four years and he does not wish to work as he believes work will interfere with his desire to perfect his thinking (see below).

#### MEDICAL HISTORY

Currently, David enjoys good physical health and has not suffered any major illnesses or accidents in the past. He is not currently taking any medication.

At around the age of 20 - 22, David experimented briefly with illicit drugs including hallucinogens. He reported having no fear and experiencing no negative effects or hallucinations while under the influence of these drugs. In the past month, David has again occasionally abused these drugs. Recently, he has begun smoking again and at present smokes approximately 20 cigarettes a day. He doesn't drink as he does not enjoy the effects of alcohol.

#### PSYCHOLOGICAL EVALUATION

The most significant feature of David's presentation was an obvious disturbance in his thinking although he denied ever experiencing any hallucinations or delusions. He did, however, admit to experiencing 'altered states' which he found difficult to describe except to state that these were times when he was able to attain exceptional clarity of thinking - a childlike state.

With regard to his thinking, David reported that his sole aim in life is to improve the quality of his mind and he organises his life around this purpose. David spends his days thinking and attempting to discern the nature of ultimate reality and 'truth'. He believes that he will be able to achieve his goal through the power of his superior intellect. This suggests a grandiose belief not in keeping with his past academic performance although there was no evidence of a formal thought disorder.

David stated that his mood is mainly calm with minor oscillations. He denied any major problems with anxiety or depression and reported no recent changes in either his appetite or sleeping habits. He does, however, admit that thinking itself can be stressful and at times he